



WEIGHT CLASSES – KIDS & TEENS:

*****PLEASE NOTE:** Kids and Teens must weigh in. This table represents our Kids and Teens Weight Classes and Categories. We reserve the right to combine weight classes to create competitive weight divisions with sufficient competitors. When registering children, feel free to put them in the respective division. In an effort to create adequate and competitive matches, the rule of thumb is as follows: 1. Kids can be matched between 2 years and 10LBS. 2. Teens can be matched between 2 years and 15LBS. Girls and Boys can compete together up to the age of 12 years old. Girls are allowed to register into Boys Divisions, but Boys cannot register into Girls Divisions.

ALL KIDS & TEENS MUST HAVE A VALID IDENTIFICATION OR BIRTH CERTIFICATE ON HAND TO BE VERIFIED AT TIME OF WEIGH INS.

GIRLS WEIGHT CLASSES

6&Under	7-8 YEARS OLD	9-10 YEARS OLD	11-12 YEARS OLD	13-14 YEARS OLD	15-17 YEARS OLD
-20KG MAX 44LBS	-24KG MAX 53LBS	-24KG MAX 53 LBS	-28KG MAX 62LBS	-36KG MAX 80LBS	-40KG MAX 88LBS
-24KG MAX 53LBS	-28KG MAX 62LBS	-28KG MAX 62LBS	- 32KG MAX 71LBS	-40KG MAX 88LBS	-45KG MAX 99LBS
-28KG MAX 62LBS	-32KG MAX 71LBS	-32KG MAX 71LBS	-36KG MAX 79LBS	-45KG MAX 99LBS	-50KG MAX 110LBS
-32KG MAX 71LBS	-36KG MAX 79LBS	-36KG MAX 79LBS	-40KG MAX 88LBS	-50KG MAX 110LBS	-55KG MAX 121LBS
-36KG MAX 79LBS	-40KG MAX 88LBS	-40KG MAX 88LBS	-44KG MAX 97LBS	-55KG MAX 121LBS	-60KG MAX 132LBS
-40KG MAX 88LBS	-44KG MAX 97LBS	-44KG MAX 97LBS	-48KG MAX 106LBS	-60KG MAX 132LBS	-65KG MAX 143LBS
+40KG OVER 89LBS	+44KG OVER 98LBS	-48KG MAX 106LBS	-52KG MAX 115LBS	-70KG MAX 154LBS	+65KG OVER 144LBS
		+48KG OVER 107LBS	-55KG MAX 121LBS	+70KG OVER 154LBS	
			+55KG OVER 121LBS		

BOYS WEIGHT CLASSES

6&Under	7-8 YEARS OLD	9-10 YEARS OLD	11-12 YEARS OLD	13-14 YEARS OLD	15-17 YEARS OLD
-20KG MAX 44LBS	-24KG MAX 53LBS	-24KG MAX 53LBS	-28KG MAX 62LBS	-40KG MAX 88LBS	-50KG MAX 110LBS
-24KG MAX 53LBS	-28KG MAX 62LBS	-28KG MAX 62LBS	- 32KG MAX 71LBS	-45KG MAX 99LBS	-55KG MAX 121LBS
-28KG MAX 62LBS	-32KG MAX 71LBS	-32KG MAX 71LBS	-36KG MAX 79LBS	-50KG MAX 110LBS	-60KG MAX 132LBS
-32KG MAX 71LBS	-36KG MAX 79LBS	-36KG MAX 79LBS	-40KG MAX 88LBS	-55KG MAX 121LBS	-65KG MAX 143LBS
-36KG MAX 79LBS	-40KG MAX 88LBS	-40KG MAX 88LBS	-44KG MAX 97LBS	-60KG MAX 132LBS	-70KG MAX 154LBS
-40KG MAX 88LBS	-44KG MAX 97LBS	-44KG MAX 97LBS	-48KG MAX 106LBS	-65KG MAX 143LBS	-75KG MAX 165LBS
+40KG OVER 89LBS	+44KG OVER 98LBS	-48KG MAX 106LBS	-52KG MAX 115LBS	-70KG MAX 154LBS	-80KG MAX 176LBS
		+48KG OVER 107LBS	-55KG MAX 121LBS	-75KG MAX 165LBS	+80KG OVER 177LBS
			+55KG OVER 121LBS	+75KG OVER 165LBS	

WEIGHT CLASSES – MALE ADULT, WOMEN AND MASTERS:

*****PLEASE NOTE:** Male Adult, Women and Masters must weigh in. We reserve the right to combine weight classes to create competitive weight divisions with sufficient competitors. Absolute Divisions are only in the Adult Category. This means that if Masters would like to compete in the Absolute, it must be in the Adult Absolute Category. Absolute Divisions are limited 18+ years old, NO EXCEPTIONS.

ALL COMPETITORS MUST PRESENT A VALID IDENTIFICATION OR PASSPORT AT TIME OF WEIGH IN.

MEN ADULT, WOMEN & MASTERS WEIGHT CLASSES

MALE ADULT 18-35 MASTERS 1 (30+) MASTERS 2 (35+) MASTERS 3 (40+) MASTERS 4 (45+) MASTERS 5 (50+)	MALE ABSOLUTE ADULT ONLY	FEMALE ADULT 18-35 MASTERS 1 (30+) MASTERS 2 (35+) MASTERS 3 (40+) MASTERS 4 (45+) MASTERS 5 (50+)	FEMALE ABSOLUTE ADULT ONLY
-55KG MAX 121LBS	ALL WEIGHT CLASSES COMBINED	-50KG MAX 110LBS	ALL WEIGHT CLASSES COMBINED
-60KG MAX 132LBS		-55KG MAX 121LBS	
-65KG MAX 143LBS		-60KG MAX 132LBS	
-70KG MAX 154LBS		-65KG MAX 143LBS	
-76KG MAX 168LBS		-70KG MAX 154LBS	
-83KG MAX 183LBS		-75KG MAX 165LBS	
-91KG MAX 201LBS		-80KG MAX 176LBS	
-100KG MAX 220LBS		+80KG OVER 176LBS	
+100KG OVER 221LBS			

KIDS, TEENS, ADULTS and MASTERS DIVISIONS and CATEGORIES

CATEGORY	DIVISIONS	DEFINITION OF CATEGORY AND/OR DIVISION	YEAR OF BIRTH
Boys 6 years & Under	Beginner Intermediate Advanced	White belts only, or 0-1 years experience if unranked. Grey belts, or 1-3 years experience if unranked. Yellow belts and above, or 3+ years experience if unranked. 6&Under may register in 7-8 Years as well	Age on tournament start day.
Boys 7-8 years old	Beginner Intermediate Advanced	White belts only, or 0-1 years experience if unranked. Grey belts, or 1-3 years experience if unranked. Yellow belts and above, or 3+ years experience if unranked. 7-8 years may register in 9-10 Years as well	Age on tournament start day.
Boys 9-10 years old	Beginner Intermediate Advanced	White belts only, or 0-1 years experience if unranked. Grey belts, or 1-3 years experience if unranked. Yellow belts and above, or 3+ years experience if unranked. 9-10 years may register in 11-12 Years as well	Age on tournament start day.
Boys 11-12 years old	Beginner Intermediate Advanced	White belts only, or 0-1 years experience if unranked. Grey belts, or 1-3 years experience if unranked. Yellow belts and above, or 3+ years experience if unranked. 11-12 years may register in 13-14 Years as well	Age on tournament start day.
Boys 13-14 years old	Beginner Intermediate Advanced	White belts only, or 0-2 years experience if unranked. Grey and yellow belts, or 2-4 years experience if unranked. Orange belts and above, or 4+ years experience if unranked. 13-14 years may register in 15-17 Years as well	Age on tournament start day.
Boys 15-17 years old	Beginner Intermediate Advanced	White belts only, or 0-2 years experience if unranked. Grey and yellow belts, or 2-4 years experience if unranked. Orange belts and above, or 4+ years experience if unranked. 15-17 years may register in Adult as well, but must email shawn@adcc-official.com to confirm and move	Age on tournament start day.
Girls 6 years & Under	Beginner Intermediate Advanced	White belts only, or 0-1 years experience if unranked. Grey belts, or 1-3 years experience if unranked. Yellow belts and above, or 3+ years experience if unranked. 6&Under may register in 7-8 Years as well Girls may register in Boys Divisions up to 12 years	Age on tournament start day.
Girls 7-8 years old	Beginner Intermediate Advanced	White belts only, or 0-1 years experience if unranked. Grey belts, or 1-3 years experience if unranked. Yellow belts and above, or 3+ years experience if unranked. 7-8 years may register in 9-10 Years as well Girls may register in Boys Divisions up to 12 years	Age on tournament start day.
Girls 9-10 years old	Beginner Intermediate Advanced	White belts only, or 0-1 years experience if unranked. Grey belts, or 1-3 years experience if unranked. Yellow belts and above, or 3+ years experience if unranked. 9-10 years may register in 11-12 Years as well Girls may register in Boys Divisions up to 12 years	Age on tournament start day.
Girls 11-12 years old	Beginner Intermediate Advanced	White belts only, or 0-1 years experience if unranked. Grey belts, or 1-3 years experience if unranked. Yellow belts and above, or 3+ years experience if unranked. 11-12 years may register in 13-14 Years as well Girls may register in Boys Divisions up to 12 years	Age on tournament start day.
Girls 13-14 years old	Beginner Intermediate Advanced	White belts only, or 0-2 years experience if unranked. Grey and yellow belts, or 2-4 years experience if unranked. Orange belts and above, or 4+ years experience if unranked. 13-14 years may register in 15-17 Years as well	Age on tournament start day.
Girls 15-17 years old	Beginner Intermediate Advanced	White belts only, or 0-2 years experience if unranked. Grey and yellow belts, or 2-4 years experience if unranked. Orange belts and above, or 4+ years experience if unranked. 15-17 years may register in Adult as well, but must email shawn@adcc-official.com to confirm and move.	Age on tournament start day.
Male Adult 18-25 years Masters 1 (30+ years) Masters 2 (35+ years) Masters 3 (40+ years) Masters 4 (45+ years) Masters 5 (50+ years)	Beginner Intermediate Advanced	White belts only, or 0-2 years experience if unranked. Blue and purple belts, or 2-4 years experience if unranked. Brown and black belts, or 4+ years experience if unranked.	Age on tournament start day.
Female Adult 18-35 years Masters 1 (30+ years) Masters 2 (35+ years) Masters 3 (40+ years) Masters 4 (45+ years) Masters 5 (50+ years)	Beginner Intermediate Advanced	White belts only, or 0-2 years experience if unranked. Blue and purple belts, or 2-4 years experience if unranked. Brown and black belts, or 4+ years experience if unranked.	Age on tournament start day.
Male Adult Absolute	Beginner Intermediate Advanced	White belts only, or 0-2 years experience if unranked. Blue and purple belts, or 2-4 years experience if unranked. Brown and black belts, or 4+ years experience if unranked.	Age on tournament start day.
Women Adult Absolute	Beginner Intermediate Advanced	White belts only, or 0-2 years experience if unranked. Blue and purple belts, or 2-4 years experience if unranked. Brown and black belts, or 4+ years experience if unranked.	Age on tournament start day.