



Rule: Advancement Restriction After Multiple Gold Medals

If an athlete wins **3 gold medals** in any higher skill division (e.g., Intermediate or Advanced), they are no longer permitted to move back down to a lower division, regardless of their belt rank. If it is a youth competitor, they will be forced into the upper division if they win 3 golds in a higher skill bracket until they go into older age group.

Example: White belts are classified as Beginner. If a white belt elects to compete at Intermediate and wins **three gold medals** at that level, they are no longer eligible to return to Beginner, even though their belt rank would technically allow it. If an intermediate 14-year-old youth competitor wins three golds in the advanced division, they must compete in the advanced divisions until they turn 15 and go to the new age group (15-17).

Rule: Mandatory Advancement After Five Gold Medals

If an athlete wins **5 gold medals** at a given skill level, they are required to advance to the next higher skill division, regardless of their belt rank or promotion status.

Example: A white belt competing in the Beginner division who wins **five gold medals** must advance to Intermediate, even if they have not yet been promoted in belt rank. If an intermediate 14-year-old youth competitor wins five golds in the intermediate division, they must compete in the advanced divisions until they turn 15 and go to the new age group (15-17).